

# March 2025 Menu

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Alternate meal options must be received by 10:00am for Lunch and 2:00pm for Dinner.

|   | Regular   |   |  |  |   |   |   |                  |
|---|---|---|--|--|---|---|---|------------------|
| <b>Saturday</b>   | <b>Sunday</b>   | <b>Monday</b>   | <b>Tuesday</b>   | <b>Wednesday</b>   | <b>Thursday</b>   | <b>Friday</b>   | <b>Saturday</b>   |                  |
| <b>Breakfast</b>  | <b>Breakfast</b>  | <b>Breakfast</b>  | <b>Breakfast</b>   | <b>Breakfast</b>   | <b>Breakfast</b>  | <b>Breakfast</b>  | <b>Breakfast</b>  | <b>Breakfast</b> |
| Baked Cheese Omelet<br>Oatmeal Cereal<br>Toast<br>- Jelly<br>- Margarine<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | Scrambled Eggs<br>Oatmeal Cereal<br>English Muffin<br>- Margarine<br>- Jelly<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | French Toast Casserole<br>- Margarine<br>- Syrup<br>Oatmeal Cereal<br>Bacon<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | Scrambled Eggs w/Cheese<br>Oatmeal Cereal<br>Toast<br>- Margarine<br>- Jelly<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | Biscuit<br>- Sausage Gravy<br>Oatmeal Cereal<br>Hashbrown<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | Scrambled Eggs<br>Oatmeal Cereal<br>Apple Cinnamon Muffin<br>- Margarine<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | Egg & Cheese Bake<br>Oatmeal Cereal<br>Toast<br>- Margarine<br>- Jelly<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | Buttermilk Pancakes<br>- Margarine<br>- Syrup<br>Oatmeal Cereal<br>Sausage Patty<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  |                  |
| <b>Lunch</b>  | <b>Lunch</b>  | <b>Lunch</b>  | <b>Lunch</b>   | <b>Lunch</b>   | <b>Lunch</b>  | <b>Lunch</b>  | <b>Lunch</b>  | <b>Lunch</b>     |
| Homestyle Turkey & Gravy<br>Bread Dressing<br>Country Vegetable Blend<br>Parsley Dinner Roll<br>- Margarine<br>Double Chocolate Brownie<br>Coffee or Hot Tea<br>Hamburger Steak w/Grilled Onions<br>- Brown Gravy<br>Mashed Potatoes<br>Parsley Cauliflower | Chicken Parmesan w/ Spaghetti Noodles<br>Roasted Broccoli Florets<br>Dinner Roll/Bread<br>- Margarine<br>Chilled Peach Parfait<br>Coffee or Hot Tea<br>Meatballs w/Gravy<br>Mashed Potatoes<br>Seasoned Beets                     | Salisbury Steak<br>- Brown Gravy<br>Mashed Potatoes<br>Sliced Glazed Carrots<br>Dinner Roll/Bread<br>- Margarine<br>Carrot Cake w/Cream Cheese Frosting<br>Coffee or Hot Tea<br>Marinated Chicken Thigh<br>Parmesan Noodles<br>Brussels Sprouts           | Encrusted Pork Loin<br>Au Gratin Potatoes<br>Buttered Green Peas<br>Dinner Roll/Bread<br>- Margarine<br>Chocolate Ice Cream<br>Coffee or Hot Tea<br>Vegetable Quiche<br>Sautéed Spinach  | Cranberry Orange Chicken<br>Garden Blend Rice<br>Roasted Brussels Sprouts<br>Dinner Roll/Bread<br>- Margarine<br>Mandarin Oranges<br>Coffee or Hot Tea<br>Cheese Ravioli w/Marinara Sauce<br>Tossed Salad w/Dressing                                   | Italian Sausage<br>Parmesan Noodles<br>Sautéed Spinach w/Garlic<br>Dinner Roll/Bread<br>- Margarine<br>Sliced Peas<br>Coffee or Hot Tea<br>Grilled Cheese Sandwich<br>Potato Wedges<br>Sliced Carrots   | CorriFlake Crusted Tiapia<br>Filler<br>Macaroni & Cheese<br>Stewed Tomatoes<br>Dinner Roll/Bread<br>- Margarine<br>Dutch Apple Pie w/Crumbs<br>Topping<br>Coffee or Hot Tea<br>Chicken Tenders<br>- Honey Mustard<br>Herbed Rice<br>Capri Vegetable Blend | Chicken Alfredo w/ Spaghetti Noodles<br>Herbed Green Beans<br>Dinner Roll/Bread<br>- Margarine<br>Butterscotch Pudding Parfa<br>Coffee or Hot Tea<br>Hamburger Steak w/Grilled Onions<br>- Brown Gravy<br>Mashed Potatoes<br>Broccoli Florets |                  |
| <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>  | <b>Dinner</b>  | <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>    |
| Kelbasa Sausage<br>Brown Sugar Baked Beans<br>Braised Cabbage<br>Dinner Roll/Bread<br>- Margarine<br>Maple Apple Crisp<br>Milk<br>Coffee or Hot Tea<br>Breaded Fish on a Bun<br>- Tarter Sauce<br>Potato Wedges<br>- Ketchup<br>Sliced Carrots              | Grilled Ham & Cheese Sandwich<br>Tater Tots<br>- Ketchup<br>Creamy ColeSlaw<br>Chocolate Chip Cookie<br>Milk<br>Coffee or Hot Tea<br>Smothered Turkey Patty<br>Buttered Noodles<br>Green Peas<br>Dinner Roll/Bread<br>- Margarine | Breaded Fish on a Bun<br>- Tarter Sauce<br>Potato Wedges<br>- Ketchup<br>Seasoned Green Beans<br>Pineapple TriBbils<br>Milk<br>Coffee or Hot Tea<br>Garlic Baked Pork Chop<br>Parsley Rice<br>Whole Kernel Corn (veg)<br>Dinner Roll/Bread<br>- Margarine | Cheese Lasagna<br>Parmesan & Herb Roasted Cauliflower<br>Italian Herb Dinner Roll<br>- Margarine<br>Deluxe Fruit Salad<br>Milk<br>Coffee or Hot Tea<br>Breaded Chicken on a Bun<br>- Mayo/rais<br>Oven Browned Potatoes<br>Capri Vegetable Blend | Slippy Joe on a Bun<br>French Fries<br>- Ketchup<br>Country Vegetable Blend<br>Snickerdoodle Cookie<br>Milk<br>Coffee or Hot Tea<br>Turkey Burger on a Bun<br>- Lettuce & Tomato<br>- Pickle Spear<br>- Mayo/rais<br>Seasoned Rice<br>Broccoli Florets | Roast Turkey<br>- Poultry Gravy<br>Sweet Potato Souffle<br>Winter Vegetable Blend<br>Dinner Roll/Bread<br>- Margarine<br>Brown Sugar Glazed Angel Food Cake<br>Milk<br>Coffee or Hot Tea<br>Smothered Steak<br>Herbed Rice<br>Whole Kernel Corn (veg) | Thin Crust Cheese Pizza<br>Tossed Salad w/Dressing<br>Garlic Bread<br>Peach Crisp<br>Milk<br>Coffee or Hot Tea<br>Sage Herbed Pork Chop<br>Mashed Potatoes<br>Parsley Cauliflower   | Hot Dog on a Bun<br>- Baked Beans<br>- Mustard<br>Confeit ColeSlaw<br>Tropical Fruit Salad<br>Milk<br>Coffee or Hot Tea<br>Tuna Melt Sandwich<br>French Fries<br>- Ketchup<br>Pickled Beet Salad  |                  |

Alternate meal options must be received by 10:00am for Lunch and 2:00pm for Dinner.

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| Regular   |  |  |  |   |   |   |
|---|--|--|--|---|---|---|
| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
| <b>Breakfast</b><br>Scrambled Eggs<br>Oatmeal Cereal<br>Glazed Cinnamon Roll<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | <b>Breakfast</b><br>French Toast w/Harvest Apple Topping<br>Oatmeal Cereal<br>Bacon<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | <b>Breakfast</b><br>Scrambled Eggs<br>Oatmeal Cereal<br>Ginger Pear Coffee Cake<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | <b>Breakfast</b><br>Baked Cheese Omelet<br>Oatmeal Cereal<br>Toast<br>Jelly<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | <b>Breakfast</b><br>Buttermilk Pancakes<br>Margarine<br>Syrup<br>Oatmeal Cereal<br>Sausage Patty<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | <b>Breakfast</b><br>Scrambled Eggs w/Cheese<br>Oatmeal Cereal<br>Biscuit<br>Margarine<br>Jelly<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | <b>Breakfast</b><br>Scrambled Eggs<br>Oatmeal Cereal<br>English Muffin<br>Margarine<br>Jelly<br>Breakfast Ham<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   |
| <b>Lunch</b><br>Meatstuce w/<br>Spaghetti Noodles<br>Balsamic & Parmesan<br>Roasted Cauliflower<br>Garlic Bread<br>Honey Glazed Pears<br>Coffee or Hot Tea<br>Smothered Turkey Patty<br>Oven Browned Potatoes<br>Sliced Carrots                                 | <b>Lunch</b><br>Kielbasa Sausage<br>Brown Sugar Baked Beans<br>Capri Vegetable Blend<br>Dinner Roll/Bread<br>Margarine<br>Double Chocolate Brownie<br>Coffee or Hot Tea<br>Cheese Quesadilla<br>Sour Cream<br>Ranch Style Potato Wedges<br>Whole Kernel Corn (veg) | <b>Lunch</b><br>Baked Macaroni & Cheese<br>Tomatoes Delmonico<br>Rosemary Dinner Roll<br>Margarine<br>Fruit Cocktail<br>Coffee or Hot Tea<br>Marinated Chicken Thigh<br>Mashed Potatoes<br>Green Beans   | <b>Lunch</b><br>Honey Glazed Sliced Ham<br>Candied Sweet Potatoes<br>Braised Cabbage<br>Dinner Roll/Bread<br>Margarine<br>Cranberry Crunch Bar<br>Coffee or Hot Tea<br>Herbed Chicken Breast<br>Parsley Noodles<br>Country Vegetable Blend             | <b>Lunch</b><br>Maple Dijon Chicken Breast<br>Sage Bread Dressing<br>Brussels Sprouts<br>Dinner Roll/Bread<br>Margarine<br>Banana Pudding Parfait<br>Coffee or Hot Tea<br>Glazed Baked Pork Chop<br>Noodles Jefferson<br>Broccoli Florets | <b>Lunch</b><br>Shrimp Scampi<br>Spaghetti Noodles<br>Roasted Green Beans<br>Italian Herbed Dinner Roll<br>Margarine<br>Tropical Fruit Salad<br>Coffee or Hot Tea<br>Smothered Steak<br>Mashed Potatoes<br>Parsley Cauliflower                      | <b>Lunch</b><br>Classic Open Face Turkey Sandwich<br>Mashed Potatoes<br>Peas & Carrots<br>Vanilla Ice Cream<br>Coffee or Hot Tea<br>Hot Dog on a Bun<br>Baked Beans<br>Mustard<br>Confiti Colelaw   |
| <b>Dinner</b><br>Rotisserie Chicken<br>Cheesy Mashed Potatoes<br>Country Vegetable Blend<br>Dinner Roll/Bread<br>Margarine<br>Pumpkin Spice Cake w/Cream Cheese Glaze<br>Milk<br>Coffee or Hot Tea<br>Garlic Baked Pork Chop<br>Buttered Rice<br>Seasoned Beets | <b>Dinner</b><br>Parmesan Crusted Tilapia<br>Filet<br>Rice Pilaf<br>Buttered Green Peas<br>Dinner Roll/Bread<br>Margarine<br>Chilled Peach Parfait<br>Milk<br>Coffee or Hot Tea<br>Salisbury Steak<br>Brown Gravy<br>Mashed Potatoes<br>Brussels Sprouts           | <b>Dinner</b><br>Hearty Vegetable Soup<br>Saltine Crackers<br>Chicken Salad Sandwich<br>Lettuce & Tomato<br>Potato Chips<br>Broccoli Salad<br>Chocolate Chip Cookie<br>Milk<br>Coffee or Hot Tea<br>Hamburger on a Bun<br>Lettuce & Tomato<br>Ketchup<br>Pickle Spear<br>Buttered Noodles<br>Confiti Colelaw | <b>Dinner</b><br>Country Fried Steak w/Mushroom Gravy<br>Oven Browned Potatoes<br>Honey Roasted Carrots<br>Cornbread<br>Margarine<br>Scalloped Apples<br>Milk<br>Coffee or Hot Tea<br>Lemon Butter Baked Tilapia<br>Filet<br>Herbed Rice<br>Green Peas | <b>Dinner</b><br>Swedish Meatballs<br>Mashed Potatoes<br>Capri Vegetable Blend<br>Dinner Roll/Bread<br>Margarine<br>Mandarin Oranges<br>Milk<br>Coffee or Hot Tea<br>Mushroom & Cheese Quiche<br>Braised Cabbage                          | <b>Dinner</b><br>Savory Pork Roast<br>Au Gratin Potatoes<br>Harvard Beets<br>Dinner Roll/Bread<br>Margarine<br>Chocolate Cake w/Peanut Butter Frosting<br>Milk<br>Coffee or Hot Tea<br>Marinated Chicken<br>Parsley Rice<br>Whole Kernel Corn (veg) | <b>Dinner</b><br>Cheese Ravioli w/Marinara Sauce<br>Tossed Salad w/Dressing<br>Garlic Bread<br>Peach Crisp<br>Milk<br>Coffee or Hot Tea<br>Breaded Chicken on a Bun<br>Mayonnaise<br>Lettuce & Tomato<br>Potato Wedges<br>Ketchup<br>Broccoli Florets |

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Alternate meal options must be  
received by 10:00am for Lunch  
and 2:00pm for Dinner.

| Regular   |  | Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday           | Saturday         |
|---|--|--|---|--|--|---|------------------|------------------|
| <b>Breakfast</b>  | <b>Breakfast</b>   | <b>Breakfast</b>   | <b>Breakfast</b>  | <b>Breakfast</b>   | <b>Breakfast</b>   | <b>Breakfast</b>  | <b>Breakfast</b> | <b>Breakfast</b> |
| Western Scrambled Eggs<br>Oatmeal Cereal<br>Toast<br>- Jelly<br>- Margarine<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | French Toast<br>- Margarine<br>- Syrup<br>Oatmeal Cereal<br>Bacon<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | Scrambled Eggs w/Cheese<br>Oatmeal Cereal<br>Toast<br>- Margarine<br>- Jelly<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | Biscuit<br>Sausage Gravy<br>Oatmeal Cereal<br>Hashbrown<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | Scrambled Eggs<br>Oatmeal Cereal<br>Apple Cinnamon Muffin<br>- Margarine<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | Egg & Cheese Bake<br>Oatmeal Cereal<br>Toast<br>- Margarine<br>- Jelly<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | Buttermilk Pancakes<br>- Margarine<br>- Syrup<br>Oatmeal Cereal<br>Breakfast Ham<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  |                  |                  |
| <b>Lunch</b>  | <b>Lunch</b>   | <b>Lunch</b>   | <b>Lunch</b>  | <b>Lunch</b>   | <b>Lunch</b>   | <b>Lunch</b>  | <b>Lunch</b>     | <b>Lunch</b>     |
| Rosemary Roast Beef Au Jus<br>Baked Potato<br>- Margarine<br>- Sour Cream<br>Sliced Parsley Carrots<br>Dinner Roll/Bread<br>- Margarine<br>Harvest Baked Apples<br>Coffee or Hot Tea<br>Smothered Turkey Patty<br>Buttered Rice<br>Brussels Sprouts | Dijon Pork Loin<br>Rice Plat<br>Capri Vegetable Blend<br>Dinner Roll/Bread<br>- Margarine<br>Citrus Glazed Angel Food<br>Cake<br>Coffee or Hot Tea<br>Hamburger Steak w/Grilled<br>Onions<br>- Brown Gravy<br>Mashed Potatoes<br>Braised Cabbage | Smothered Chicken Thigh<br>Oven Browned Potatoes<br>Whole Kernel Corn (veg)<br>Cornbread<br>- Margarine<br>Sliced Peas<br>Coffee or Hot Tea<br>Hot Dog on a Bun<br>- Baked Beans<br>- Mustard<br>Confetti Colelaw                  | Homestyle Meatloaf<br>w/Ketchup Glaze<br>Au Gratin Potatoes<br>Seasoned Green Peas<br>Dinner Roll/Bread<br>- Margarine<br>Caramel Apple Upside Down<br>Cake<br>Coffee or Hot Tea<br>Vegetable Quiche<br>Sauted Spinach                                    | Thin Crust Cheese Pizza<br>Tossed Salad w/Dressing<br>Dinner Roll/Bread<br>- Margarine<br>Chilled Peaches<br>Coffee or Hot Tea<br>Parsley Pork Chop<br>Parmesan Noodles<br>Roasted Beets   | Lemon Butter Baked Tilapia<br>Filllet<br>Roasted Red Skin Potatoes<br>Broccoli Florets<br>Dinner Roll/Bread<br>- Margarine<br>Pineapple Tidbits<br>Coffee or Hot Tea<br>Rosemary Chicken Breast<br>Seasoned Rice<br>Sliced Carrots               | BBQ Pork on a Bun<br>Baked Beans<br>Country Vegetable Blend<br>Butterscotch Pudding Parfait<br>Coffee or Hot Tea<br>Cheese Quesadilla<br>- Sour Cream<br>Oven Browned Potatoes<br>Green Peas  |                  |                  |
| <b>Dinner</b>   | <b>Dinner</b>  | <b>Dinner</b>  | <b>Dinner</b>   | <b>Dinner</b>  | <b>Dinner</b>  | <b>Dinner</b>   | <b>Dinner</b>    | <b>Dinner</b>    |
| Chicken Tenders<br>- Honey Mustard<br>Macaroni & Cheese<br>Roasted Green Beans<br>Herbed Dinner Roll<br>- Margarine<br>Oatmeal Raisin Cookie<br>Milk<br>Coffee or Hot Tea<br>BBQ Pork Chop<br>Mashed Potatoes<br>Whole Kernel Corn (veg)            | Breaded Fish on a Bun<br>- Tarter Sauce<br>- Tater Tots<br>- Ketchup<br>Broccoli Florets<br>Deluxe Fruit Salad<br>Milk<br>Coffee or Hot Tea<br>Rotisserie Chicken Thigh<br>Buttered Noodles<br>Green Peas<br>Dinner Roll/Bread<br>- Margarine    | Classic Baked Ziti<br>Parmesan & Herb Roasted<br>Cauliflower<br>Italian Herbed Dinner Roll<br>- Margarine<br>Peanut Butter Brownie<br>Milk<br>Coffee or Hot Tea<br>Meatballs w/Gravy<br>Mashed Potatoes<br>Tossed Salad w/Dressing | Italian Sausage Sub w/Pepper<br>& Onion<br>French Fries<br>- Ketchup<br>Capri Vegetable Blend<br>Tropical Fruit Salad<br>Milk<br>Coffee or Hot Tea<br>Breaded Chicken on a Bun<br>- Mayonnaise<br>- Lettuce & Tomato<br>Buttered Rice<br>Broccoli Florets | Honey Glazed Turkey<br>- Poultry Gravy<br>Mashed Potatoes<br>Roasted Brussels Sprouts<br>Cornbread<br>- Margarine<br>Pumpkin Cheesecake Bar<br>Milk<br>Coffee or Hot Tea<br>Smothered Steak<br>Buttered Noodles<br>Whole Kernel Corn (veg) | Chicken Parmesan w/<br>- Spaghetti Noodles<br>Garlic Green Beans<br>Garlic Bread<br>Chocolate Ice Cream<br>Milk<br>Coffee or Hot Tea<br>Ham Sandwich<br>- Lettuce & Tomato<br>- Mayonnaise<br>Potato Chips<br>Marinated Mixed Vegetable<br>Salad | Salsbury Steak<br>- Brown Gravy<br>Garlic Potato Wedges<br>Creamed Spinach<br>Dinner Roll/Bread<br>- Margarine<br>Fruit Cocktail<br>Milk<br>Coffee or Hot Tea<br>Grilled Turkey & Cheese<br>Sandwich<br>Herbed Rice<br>Winter Vegetable Blend |                  |                  |

Alternate meal options must be received by 10:00am for Lunch and 2:00pm for Dinner.

| Regular  | 3/23  | 3/24   | 3/25  | 3/26   | 3/27   | 3/28   | 3/29  |
|--|---|--|---|--|--|--|---|
| <b>Sunday</b>  | <b>Monday</b>   | <b>Tuesday</b>   | <b>Wednesday</b>  | <b>Thursday</b>  | <b>Friday</b>  | <b>Saturday</b>  |   |
| <b>Breakfast</b>   | <b>Breakfast</b>  | <b>Breakfast</b>   | <b>Breakfast</b>  | <b>Breakfast</b>   | <b>Breakfast</b>   | <b>Breakfast</b>   | <b>Breakfast</b>  |
| Scrambled Eggs<br>Oatmeal Cereal<br>Glazed Cinnamon Roll<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | French Toast<br>- Margarine<br>- Syrup<br>Oatmeal Cereal<br>Bacon<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | Scrambled Eggs w/Cheese<br>Oatmeal Cereal<br>Biscuit<br>- Margarine<br>- Jelly<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | Western Scrambled Eggs<br>Oatmeal Cereal<br>Toast<br>- Margarine<br>- Jelly<br>Breakfast Ham<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | Buttermilk Pancakes<br>- Margarine<br>- Syrup<br>Oatmeal Cereal<br>Sausage Patty<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | Scrambled Eggs<br>Oatmeal Cereal<br>Cranberry Orange Coffee<br>Cake<br>- Margarine<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | Baked Cheese Omelet<br>Oatmeal Cereal<br>Toast<br>- Jelly<br>- Margarine<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   |   |
| <b>Lunch</b>   | <b>Lunch</b>  | <b>Lunch</b>   | <b>Lunch</b>  | <b>Lunch</b>   | <b>Lunch</b>   | <b>Lunch</b>   | <b>Lunch</b>  |
| Apple Glazed Sliced Ham<br>Whipped Sweet Potatoes<br>Spinach Au Gratin<br>Dinner Roll/Bread<br>- Margarine<br>Pineapple Upside Down Cake<br>Coffee or Hot Tea<br>Lemon Pepper Chicken Breast<br>Parmesan Noodles<br>Buttered Whole Kernel Corn (veg)             | Chicken Pot Pie w/<br>- Biscuit<br>Tossed Salad w/Dressing<br>Deluxe Fruit Salad<br>Coffee or Hot Tea<br>Hamburger on a Bun<br>- Lettuce & Tomato<br>- Ketchup<br>- Pickle Spear<br>Tater Tots<br>- Ketchup<br>Broccoli Florets | Sweet & Sour Meatballs<br>Steamed Rice<br>Garlic Green Beans<br>Dinner Roll/Bread<br>- Margarine<br>Mandarin Oranges<br>Coffee or Hot Tea<br>Smothered Turkey Patty<br>Parsley Noodles<br>Harvard Beets  | Open-Faced Roast Pork Sandwich<br>- Brown Gravy<br>Mashed Potatoes<br>Sliced Glazed Carrots<br>Lemon Cake w/Lemon Icing<br>Coffee or Hot Tea<br>Marinated Chicken Breast<br>Buttered Noodles<br>Parsley Cauliflower<br>Dinner Roll/Bread<br>- Margarine | Crispy Baked Chicken<br>Macaroni & Cheese<br>Brussels Sprouts<br>Dinner Roll/Bread<br>- Margarine<br>Pumpkin Pie<br>Coffee or Hot Tea<br>Italian Sausage<br>Garlic Roasted Red Skin Potatoes<br>Sliced Carrots   | Herb Baked Tilapia Fillet<br>Baked Potato<br>- Margarine<br>- Sour Cream<br>Tossed Salad w/Dressing<br>Dinner Roll/Bread<br>- Margarine<br>Vanilla Ice Cream<br>Coffee or Hot Tea<br>Chicken Tenders<br>- Honey Mustard<br>Seasoned Rice<br>Winter Vegetable Blend |  | Homestyle Turkey & Gravy<br>Bread Dressing<br>Country Vegetable Blend<br>Parsley Dinner Roll<br>- Margarine<br>Double Chocolate Brownie<br>Coffee or Hot Tea<br>Hamburger Steak w/Grilled Onions<br>- Brown Gravy<br>Mashed Potatoes<br>Parsley Cauliflower |
| <b>Dinner</b>  | <b>Dinner</b>   | <b>Dinner</b>  | <b>Dinner</b>   | <b>Dinner</b>  | <b>Dinner</b>  | <b>Dinner</b>  | <b>Dinner</b>   |
| Tomato Soup<br>- Saltine Crackers<br>Grilled Two Cheese Sandwich<br>French Fries<br>- Ketchup<br>Calico Coleslaw<br>Chilled Peas<br>Milk<br>Coffee or Hot Tea<br>Meatballs w/Gravy<br>Buttered Rice<br>Capri Vegetable Blend<br>Dinner Roll/Bread<br>- Margarine | Shrimp Alfredo w/<br>- Spaghetti Noodles<br>Green Peas<br>Garlic Bread<br>Peanut Butter Cookie<br>Milk<br>Coffee or Hot Tea<br>Glazed Baked Pork Chop<br>Parsley Rice<br>Sliced Carrots   | Rancher's Chicken Thigh<br>Oven Browned Potatoes<br>Country Style Tomatoes<br>Cornbread<br>- Margarine<br>Cinnamon Brown Sugar<br>Blondie<br>Milk<br>Coffee or Hot Tea<br>Cheese Quesadilla<br>- Sour Cream<br>Mexican Rice<br>Chuckwagon Corn (veg) | Baked Ziti w/MeatSauce<br>Steamed Broccoli Florets<br>w/Lemon<br>Italian Herbed Dinner Roll<br>- Margarine<br>Tropical Fruit Salad<br>Milk<br>Coffee or Hot Tea<br>Egg Salad Sandwich<br>- Lettuce & Tomato<br>Potato Chips<br>Green Pea Salad          | Philly Cheesesteak Sandwich<br>- Sautered Peppers & Onions.<br>Tater Tots<br>- Ketchup<br>Capri Vegetable Blend<br>Pineapple Tidbits<br>Milk<br>Coffee or Hot Tea<br>Turkey Burger on a Bun<br>- Lettuce & Tomato<br>- Pickle Spear<br>- Mayonnaise<br>Buttered Rice<br>Seasoned Whole Kernel Corn (veg) | Cheese Ravioli w/Marinara Sauce<br>Seasoned Green Beans<br>Garlic Bread<br>Spiced Peaches<br>Milk<br>Coffee or Hot Tea<br>Parsley Pork Chop<br>Rice Pilaf<br>Seasoned Beets  | Kiabasa Sausage<br>Brown Sugar Baked Beans<br>Braised Cabbage<br>Dinner Roll/Bread<br>- Margarine<br>Maple Apple Crisp<br>Milk<br>Coffee or Hot Tea<br>Breaded Fish on a Bun<br>- Tarter Sauce<br>Potato Wedges<br>- Ketchup<br>Sliced Carrots |   |

Alternate meal options must be  
received by 10:00am for Lunch  
and 2:00pm for Dinner.

3/30

3/31

| Regular   |  |   |  |   |  |   |
|---|--|---|--|---|--|---|
| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
| <b>Breakfast</b><br>Scrambled Eggs<br>Oatmeal Cereal<br>English Muffin<br>- Margarine<br>- Jelly<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | <b>Breakfast</b><br>French Toast Casserole<br>- Margarine<br>- Syrup<br>Oatmeal Cereal<br>Bacon<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | <b>Breakfast</b><br>Scrambled Eggs w/Cheese<br>Oatmeal Cereal<br>Toast<br>- Margarine<br>- Jelly<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | <b>Breakfast</b><br>Biscuit<br>- Sausage Gravy<br>Oatmeal Cereal<br>Hashbrown<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | <b>Breakfast</b><br>Scrambled Eggs<br>Oatmeal Cereal<br>Apple Cinnamon Muffin<br>- Margarine<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  | <b>Breakfast</b><br>Egg & Cheese Bake<br>Oatmeal Cereal<br>Toast<br>- Margarine<br>- Jelly<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice   | <b>Breakfast</b><br>Buttermilk Pancakes<br>- Margarine<br>- Syrup<br>Oatmeal Cereal<br>Sausage Patty<br>Orange Juice<br>Milk<br>Coffee or Hot Tea<br>Cold Cereal of Choice  |
| <b>Lunch</b><br>Chicken Parmesan w/<br>- Spaghetti Noodles<br>Roasted Broccoli Florets<br>Dinner Roll/Bread<br>- Margarine<br>Chilled Peach Parfait<br>Coffee or Hot Tea<br>Meatballs w/Gravy<br>Mashed Potatoes<br>Seasoned Beets                    | <b>Lunch</b><br>Salisbury Steak<br>- Brown Gravy<br>Mashed Potatoes<br>Sliced Glazed Carrots<br>Dinner Roll/Bread<br>- Margarine<br>Carrot Cake w/Cream Cheese<br>Frosting<br>Coffee or Hot Tea<br>Marinated Chicken Thigh<br>Parmesan Noodles<br>Brussels Sprouts       | <b>Lunch</b><br>Encrusted Pork Loin<br>Au Gratin Potatoes<br>Buttered Green Peas<br>Dinner Roll/Bread<br>- Margarine<br>Chocolate Ice Cream<br>Coffee or Hot Tea<br>Vegetable Quiche<br>Sauteed Spinach   | <b>Lunch</b><br>Cranberry Orange Chicken<br>Garden Blend Rice<br>Roasted Brussels Sprouts<br>Dinner Roll/Bread<br>- Margarine<br>Mandarin Oranges<br>Coffee or Hot Tea<br>Cheese Ravioli w/Marinara<br>Sauce<br>Tossed Salad w/Dressing                                  | <b>Lunch</b><br>Italian Sausage<br>Parmesan Noodles<br>Sauteed Spinach w/Garlic<br>Dinner Roll/Bread<br>- Margarine<br>Sliced Peas<br>Coffee or Hot Tea<br>Grilled Cheese Sandwich<br>Potato Wedges<br>- Ketchup<br>Sliced Carrots  | <b>Lunch</b><br>Cornflake Crusted Tilapia<br>Fillet<br>Macaroni & Cheese<br>Stewed Tomatoes<br>Dinner Roll/Bread<br>- Margarine<br>Dutch Apple Pie w/Crumb<br>Topping<br>Coffee or Hot Tea<br>Chicken Tenders<br>- Honey Mustard<br>Herbed Rice<br>Capri Vegetable Blend | <b>Lunch</b><br>Chicken Alfredo w/<br>- Spaghetti Noodles<br>Herbed Green Beans<br>Dinner Roll/Bread<br>- Margarine<br>Butterscotch Pudding Parfait<br>Coffee or Hot Tea<br>Hamburger Steak w/Grilled<br>Onions<br>- Brown Gravy<br>Mashed Potatoes<br>Broccoli Florets |
| <b>Dinner</b><br>Grilled Ham & Cheese<br>Sandwich<br>Tater Tots<br>- Ketchup<br>Creamy Coleslaw<br>Chocolate Chip Cookie<br>Milk<br>Coffee or Hot Tea<br>Smothered Turkey Patty<br>Buttered Noodles<br>Green Peas<br>Dinner Roll/Bread<br>- Margarine | <b>Dinner</b><br>Breaded Fish on a Bun<br>- Tatar Sauce<br>Potato Wedges<br>- Ketchup<br>Seasoned Green Beans<br>Pineapple Tidbits<br>Milk<br>Coffee or Hot Tea<br>Garlic Baked Pork Chop<br>Parsley Rice<br>Whole Kernel Corn (veg)<br>Dinner Roll/Bread<br>- Margarine | <b>Dinner</b><br>Cheese Lasagna<br>Parmesan & Herb Roasted<br>Cauliflower<br>Italian Herbed Dinner Roll<br>- Margarine<br>Deluxe Fruit Salad<br>Milk<br>Coffee or Hot Tea<br>Breaded Chicken on a Bun<br>- Mayonnaise<br>Oven Browned Potatoes<br>Capri Vegetable Blend | <b>Dinner</b><br>Slippy Joe on a Bun<br>French Fries<br>- Ketchup<br>Country Vegetable Blend<br>Snickerdoodle Cookie<br>Milk<br>Coffee or Hot Tea<br>Turkey Burger on a Bun<br>- Lettuce & Tomato<br>- Pickle Spear<br>- Mayonnaise<br>Seasoned Rice<br>Broccoli Florets | <b>Dinner</b><br>Roast Turkey<br>- Poultry Gravy<br>Sweet Potato Souffle<br>Winter Vegetable Blend<br>Dinner Roll/Bread<br>- Margarine<br>Brown Sugar Glazed Angel<br>Food Cake<br>Milk<br>Coffee or Hot Tea<br>Smothered Steak<br>Herbed Rice<br>Whole Kernel Corn (veg) | <b>Dinner</b><br>Thin Crust Cheese Pizza<br>Tossed Salad w/Dressing<br>Garlic Bread<br>Peach Crisp<br>Milk<br>Coffee or Hot Tea<br>Sage Herbed Pork Chop<br>Mashed Potatoes<br>Parsley Cauliflower   | <b>Dinner</b><br>Hot Dog on a Bun<br>- Baked Beans<br>- Mustard<br>Confetti Coleslaw<br>Tropical Fruit Salad<br>Milk<br>Coffee or Hot Tea<br>Tuna Melt Sandwich<br>French Fries<br>- Ketchup<br>Pickled Beet Salad  |

# *Always Available*

## *Fall/Winter 2024-2025*

1. *PEANUT BUTTER AND JELLY SANDWICH*

2. *GRILLED CHEESE SANDWICH*

3. *TUNAFISH SANDWICH*

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Always available are made to order and may take several minutes to make.

Adjustments are made based on diet order and texture modification requirements.

Order should be placed by 10:00 AM for LUNCH and 2:00PM for DINNER