

Alternate meal options must be received by 10:00am for Lunch and 2:00pm for Dinner.

8/25 8/26 8/27 8/28 8/29 8/30 8/31

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Scrambled Eggs Oatmeal Cereal Blueberry Muffin - Margarine Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast French Toast Casserole - Margarine Syrup Sausage Patty Oatmeal Cereal Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast Scrambled Eggs w/Cheese Oatmeal Cereal Biscuit - Margarine Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast Egg & Hashbrown Bake Oatmeal Cereal Toast - Margarine Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast Buttermilk Pancakes - Margarine Syrup Bacon Oatmeal Cereal Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast Scrambled Eggs Oatmeal Cereal Streusel Coffee Cake - Margarine Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast Baked Cheese Omelet Breakfast Ham Oatmeal Cereal Toast - Margarine Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice
Lunch Fried Chicken Country Vegetable Blend Ranch Style Potato Wedges Cornbread - Margarine Peach Pie w/Crumb Topping Coffee or Hot Tea Herb & Lemon Tilapia Fillet Green Peas Buttered Noodles	Lunch Cheesy Ham & Macaroni Casserole Sautéed Spinach w/Garlic Dinner Roll/Bread - Margarine Pineapple Tidbits Coffee or Hot Tea Baked Chicken Breast Sliced Carrots Mashed Potatoes	Lunch BBQ Cheeseburger on a Bun - Lettuce & Tomato Pickle Spear Confetti Coleslaw French Fries - Ketchup Oatmeal Raisin Cookie Coffee or Hot Tea Tuna Salad Sandwich - Lettuce & Tomato Broccoli Salad Garden Pasta Salad	Lunch Encrusted Pork Loin Braised Cabbage Whipped Sweet Potatoes Dinner Roll/Bread - Margarine Mandarin Oranges Coffee or Hot Tea Hamburger Steak w/Grilled Onions - Brown Gravy Green Beans Buttered Noodles	Lunch Chicken Soft Taco w/Flour Tortilla - Shredded Lettuce & Diced Tomato Topping - Shredded Cheddar Cheese (tbl) Cilantro Rice Seedless Watermelon Cubes Coffee or Hot Tea Garlic Baked Pork Chop Sugar Snap Peas Oven Roasted Potatoes Dinner Roll/Bread - Margarine	Lunch Lemon Pepper Tilapia Fillet Roasted Green Beans Rice Pilaf Dinner Roll/Bread - Margarine Cinnamon Brown Sugar Blondie Coffee or Hot Tea Chicken Tenders - Honey Mustard Seasoned Spinach Mashed Potatoes	Lunch Classic Baked Ziti Tossed Salad w/Dressing Garlic Bread Lemon Glazed Angel Food Cake Coffee or Hot Tea Smothered Turkey Patty Green Peas Mashed Potatoes
Dinner Beef Stir Fry w/Vegetables Steamed Rice Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Milk Coffee or Hot Tea Cheese Ravioli w/Marinara Sauce Tossed Salad w/Dressing	Dinner Egg Salad Sandwich on Croissant - Lettuce & Tomato Marinated Tomato & Onion Salad Potato Chips Hearty Vegetable Soup - Saline Crackers Chocolate Cake w/Peanut Butter Frosting Milk Coffee or Hot Tea Turkey Sandwich - Lettuce & Tomato - Mayonnaise Marinated Mixed Vegetable Salad Macaroni Salad	Dinner Chicken Parmesan w/Spaghetti Noodles Roasted Zucchini Garlic Bread Fruit Cocktail Milk Coffee or Hot Tea Parsley Pork Chop Sugar Snap Peas Mashed Potatoes	Dinner Breaded Fish on a Bun - Tarter Sauce Peas & Carrots Tater Tots - Ketchup Chocolate Ice Cream Milk Coffee or Hot Tea Marinated Chicken Thigh Seasoned Spinach Herbed Rice Dinner Roll/Bread - Margarine	Dinner Salisbury Steak - Brown Gravy Squash Medley Au Gratin Potatoes Dinner Roll/Bread - Margarine Butterscotch Pudding Parfait Milk Coffee or Hot Tea Cheese Quiche Country Vegetable Blend	Dinner Grilled Turkey & Cheese Sandwich Broccoli Florets Potato Wedges - Ketchup Tropical Fruit Salad Milk Coffee or Hot Tea Meatballs w/Gravy Steamed Asparagus Cuts Herbed Noodles Dinner Roll/Bread - Margarine	Dinner Rotisserie Chicken Thigh Sliced Glazed Carrots Oven Browned Potatoes Dinner Roll/Bread - Margarine Chilled Peaches Milk Coffee or Hot Tea Cheese Quesadilla - Sour Cream Whole Kernel Corn (veg) Steamed Rice

September 2024 Menu

Alternate meal options must be received by 10:00am for Lunch and 2:00pm for Dinner.

9/1 9/2 9/3 9/4 9/5 9/6 9/7

Regular		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast - Margarine - Syrup	Scrambled Eggs Oatmeal Cereal Glazed Cinnamon Roll Milk	Biscuit - Sausage Gravy Oatmeal Cereal Hashbrown Milk	Egg & Hashbrown Bake Oatmeal Cereal English Muffin - Margarine - Jelly Milk	Baked Cheese Omelet Oatmeal Cereal Toast - Jelly - Margarine Milk	Buttermilk Pancakes w/Strawberry Topping - Margarine - Syrup Breakfast Ham Oatmeal Cereal Milk	Western Scrambled Eggs Oatmeal Cereal Toast - Jelly - Margarine Milk	Coffee or Hot Tea Orange Juice Cold Cereal of Choice
Bacon Oatmeal Cereal Milk	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice
Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Coffee or Hot Tea Orange Juice Cold Cereal of Choice
Lunch		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried Steak w/Cream Gravy Seasoned Spinach Herbed Mashed Potatoes Cornbread - Margarine S'more Pudding Parfait Coffee or Hot Tea	Dijon Pork Loin Braised Cabbage Fried Potatoes & Onions Dinner Roll/Bread - Margarine Peanut Butter Cookie Coffee or Hot Tea	Tuna Melt Sandwich Buttered Green Peas Tater Tots - Ketchup Deluxe Fruit Salad Coffee or Hot Tea	Chicken Piccata Sautéed Asparagus Cuts Rice Pilaf Dinner Roll/Bread - Margarine Double Chocolate Brownie Coffee or Hot Tea	Thin Crust Cheese Pizza Parmesan Baked Zucchini Dinner Roll/Bread - Margarine Fruit Cocktail Coffee or Hot Tea	Shrimp Alfredo w/ - Spaghetti Noodles Roasted Green Beans Garlic Bread Peach Shortcake Coffee or Hot Tea	Philly Cheesesteak Sandwich - Sautéed Peppers & Onions. Tossed Salad w/Dressing French Fries - Ketchup Vanilla Ice Cream Coffee or Hot Tea	Glazed Baked Pork Chop Whole Kernel Corn (veg) Seasoned Rice Dinner Roll/Bread - Margarine
Marinated Chicken Thigh Green Peas Buttered Rice	Salisbury Steak - Brown Gravy Sliced Carrots Egg Noodles	Honey Dijon Chicken Breast Green Beans Parsley Rice Dinner Roll/Bread - Margarine	Comflake Crusted Tilapia Fillet Sugar Snap Peas Oven Browned Potatoes	Hamburger Steak w/Grilled Onions - Brown Gravy Green Peas Buttered Noodles	Chicken Tenders - Honey Mustard Steamed Asparagus Cuts Buttered Rice	Glazed Baked Pork Chop Whole Kernel Corn (veg) Seasoned Rice Dinner Roll/Bread - Margarine	Glazed Baked Pork Chop Whole Kernel Corn (veg) Seasoned Rice Dinner Roll/Bread - Margarine
Dinner		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Hot Dog on a Bun - Baked Beans - Mustard Calico Coleslaw Apple Crisp Milk Coffee or Hot Tea	BBQ Pulled Chicken Sandwich Creamy Cucumber & Onion Salad Macaroni & Cheese Seedless Watermelon Cubes Milk Coffee or Hot Tea	Meatsauce w/ - Spaghetti Noodles Caesar Salad Garlic Bread Orange Sherbet Milk Coffee or Hot Tea	Italian Sausage Broccoli Florets Garlic Roasted Red Skin Potatoes Dinner Roll/Bread - Margarine Chilled Peas Milk Coffee or Hot Tea	Herbed Turkey - Poultry Gravy Honey Roasted Carrots Mashed Potatoes Parsley Dinner Roll - Margarine Black Forest Cake Milk Coffee or Hot Tea	Grilled Cheese Sandwich Capri Vegetable Blend Potato Wedges - Ketchup Tomato Soup - Salline Crackers Mandarin Oranges Milk Coffee or Hot Tea	Rancher's Chicken Breast Sugar Snap Peas Oven Browned Potatoes Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Milk Coffee or Hot Tea	Rancher's Chicken Breast Sugar Snap Peas Oven Browned Potatoes Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Milk Coffee or Hot Tea
Breaded Fish on a Bun - Tartar Sauce Broccoli Florets Potato Wedges - Ketchup	Cheese Quesadilla - Sour Cream Mexican Corn (veg) Steamed Rice	Turkey Burger on a Bun - Lettuce & Tomato - Pickle Spear - Mayo/aise Squash Medley Parsley Noodles	Cheese Quiche Sautéed Spinach w/Garlic	Garlic Baked Pork Chop Whole Kernel Corn (veg) Rice Pilaf	Smothered Turkey Patty Broccoli Florets Parsley Noodles Dinner Roll/Bread - Margarine	Cheese Ravioli w/Marinara Sauce Green Beans	Cheese Ravioli w/Marinara Sauce Green Beans

Alternate meal options must be received by 10:00am for Lunch and 2:00pm for Dinner.

9/8 9/9 9/10 9/11 9/12 9/13 9/14

Regular		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Oatmeal Cereal Blueberry Muffin - Margarine Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	French Toast - Margarine - Syrup Sausage Patty Oatmeal Cereal Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Scrambled Eggs w/Cheese Oatmeal Cereal Biscuit - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Buttermilk Pancakes - Margarine - Syrup Bacon Oatmeal Cereal Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Garden Frittata Bake Oatmeal Cereal English Muffin - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Scrambled Eggs Oatmeal Cereal Peach Streusel Coffee Cake - Margarine Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Baked Cheese Omelet Breakfast Ham Oatmeal Cereal Toast - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	
Lunch		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Egg Salad Sandwich on Croissant - Lettuce & Tomato Marinated Cucumber Salad Creamy Dill Macaroni Salad Butterscotch Pudding Coffee or Hot Tea Tuna Salad Sandwich - Lettuce & Tomato Broccoli Salad Potato Chips	Bruschetta Chicken Garlic Green Beans Parmesan Noodles Dinner Roll/Bread - Margarine Sour Cream Orange Cake Coffee or Hot Tea Rancher's Pork Chop Green Peas Buttered Rice	BBQ Pork Platter Creamed Spinach Baked Beans Poppy Seed Dinner Roll - Margarine Summer Fresh Fruit Cup Coffee or Hot Tea Salisbury Steak - Brown Gravy Capri Vegetable Blend Parmesan Noodles	Cheese Ravioli w/Marinara Sauce Caesar Salad Garlic Bread Mandarin Oranges Coffee or Hot Tea Ham Sandwich - Lettuce & Tomato - Mayonnaise Marinated Cucumber & Onion Salad Potato Salad	Beef Pepper Steak w/Gravy Broccoli Florets Mashed Potatoes Dinner Roll/Bread - Margarine Chocolate Cream Pie Coffee or Hot Tea Grilled Cheese Sandwich Sugar Snap Peas Parsley Rice	Herb & Lemon Tilapia Fillet Steamed Asparagus Cuts Rice Pilaf Parsley Dinner Roll - Margarine Snickerdoodle Cookie Coffee or Hot Tea Hamburger Steak w/Grilled Onions - Brown Gravy Sliced Parsley Carrots Roasted Red Skin Potatoes	Grilled Turkey & Cheese Sandwich Marinated Tomato & Onion Salad French Fries - Ketchup Pineapple Tidbits Coffee or Hot Tea Italian Sausage Broccoli Florets Buttered Noodles Dinner Roll/Bread - Margarine	
Dinner		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Garlic Herbed Pork Loin Seasoned Cabbage Garlic Roasted Red Skin Potatoes Dinner Roll/Bread - Margarine Apple Crisp Milk Coffee or Hot Tea BBQ Chicken Thigh Whole Kernel Corn (veg) Buttered Rice	Cheeseburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Confetti Coleslaw Tater Tots - Ketchup Tropical Fruit Salad Milk Coffee or Hot Tea Cornflake Crusted Tilapia Fillet Roasted Garlic Squash Buttered Noodles Dinner Roll/Bread - Margarine	Rotisserie Chicken Thigh Sliced Carrots Garlic Potato Wedges Dinner Roll/Bread - Margarine Campfire Blondie Milk Coffee or Hot Tea Cheese Quesadilla - Sour Cream Marinated Tomato & Onion Salad Cilantro Rice	Breaded Fish on a Bun - Tatar Sauce Squash Medley Oven Browned Potatoes Vanilla Glazed Angel Food Cake Milk Coffee or Hot Tea Smothered Turkey Patty Whole Kernel Corn (veg) Seasoned Rice Dinner Roll/Bread - Margarine	Hawaiian Baked Ham Seasoned Green Beans Baked Sweet Potatoes Cornbread - Margarine Sliced Peas Milk Coffee or Hot Tea Chicken Tenders - Honey Mustard Sautéed Spinach Buttered Noodles	Chicken Salad Sandwich - Lettuce & Tomato Green Pea Salad Potato Chips Broccoli Cheddar Soup - Salline Crackers Chilled Peach Parfait Milk Coffee or Hot Tea Thin Crust Cheese Pizza Country Vegetable Blend Dinner Roll/Bread - Margarine	Meatballs w/Marinara Sauce - Marinara Sauce (oz) - Spaghetti Noodles Parmesan Baked Zucchini Garlic Bread Chocolate Ice Cream Milk Coffee or Hot Tea Cheese Quiche Sugar Snap Peas	

Alternate meal options must be received by 10:00am for Lunch and 2:00pm for Dinner.

9/15

9/16

9/17

9/18

9/19

9/20

9/21

Regular		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Oatmeal Cereal English Muffin - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Bananas Foster French Toast - Margarine Sausage Patty Oatmeal Cereal Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Western Scrambled Eggs Oatmeal Cereal Toast - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Biscuit w/Ketchup Gravy Oatmeal Cereal Hashbrown Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Scrambled Eggs Oatmeal Cereal Glazed Cinnamon Roll Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Eggs Florentine Bake Oatmeal Cereal Toast - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Buttermilk Pancakes - Margarine - Syrup Bacon Oatmeal Cereal/ Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
BBQ Pork Loin Country Vegetable Blend Baked Beans Cornbread - Margarine Strawberry Shortcake Coffee or Hot Tea Hamburger Steak w/Grilled Onions - Brown Gravy Seasoned Spinach Mashed Potatoes	Turkey & Cheese Hoagie - Lettuce & Tomato - Mayonnaise Dixie Coleslaw Macaroni Salad Summer Fresh Fruit Cup Coffee or Hot Tea Breaded Fish on a Bun - Tartar Sauce Green Pea Salad Potato Wedges - Ketchup	Marinated Chicken Thigh Sugar Snap Peas Oven Browned Potatoes Dinner Roll/Bread - Margarine Chocolate Chip Cookie Coffee or Hot Tea Meatballs w/Gravy Broccoli Florets Seasoned Rice	Homestyle Meatloaf w/Ketchup Glaze Whole Kernel Corn (veg) Duchess Mashed Potatoes Poppy Seed Dinner Roll - Margarine Cherry Cheesecake Bar Coffee or Hot Tea Thyme Chicken Breast Capri Vegetable Blend Buttered Rice	Cheese Lasagna Caesar Salad Garlic Bread Fruit Cocktail Coffee or Hot Tea Egg Salad Sandwich - Lettuce & Tomato Marinated Green Bean Salad Potato Salad	Parmesan Crusted Tilapia Fillet Buttered Green Peas Roasted Red Skin Potatoes Dinner Roll/Bread - Margarine Marble Cake w/White Frosting Coffee or Hot Tea Smothered Steak Seasoned Spinach Buttered Rice	Roast Turkey - Poultry Gravy Steamed Broccoli Florets w/Lemon Rice Pilaf Dinner Roll/Bread - Margarine Banana Pudding Parfait Coffee or Hot Tea BBQ Pork Chop Sliced Carrots Baked Sweet Potatoes	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders - Honey Mustard Broccoli Florets French Fries - Ketchup Dinner Roll/Bread - Margarine Pear Crisp Milk Coffee or Hot Tea Cheese Ravioli w/Manhara Sauce Capri Vegetable Blend	Country Fried Steak w/Mushroom Gravy Honey Roasted Carrots Mashed Potatoes Dinner Roll/Bread - Margarine Vanilla Ice Cream Milk Coffee or Hot Tea Garlic Baked Pork Chop Buttered Whole Kernel Corn (veg) Parsley Rice	Shrimp Scampi Roasted Zucchini Spaghetti Noodles Italian Herbed Dinner Roll - Margarine Chilled Peach Parfait Milk Coffee or Hot Tea Thin Crust Cheese Pizza Sauteed Green Beans	Ham & Swiss Sandwich on Wheat - Lettuce & Tomato - Mayonnaise Creamy Cucumber & Onion Salad Potato Chips Seedless Watermelon Cubes Milk Coffee or Hot Tea Tuna Salad Sandwich - Lettuce & Tomato Green Pea Salad Macaroni Salad	Rancher's Chicken Breast Sauteed Asparagus Cuts Baked Potato - Margarine - Sour Cream Dinner Roll/Bread - Margarine Stmore Brownie Milk Coffee or Hot Tea Italian Sausage Squash Medley Parsley Noodles	Hot Dog on a Bun - Baked Beans - Mustard Concetti Coleslaw Chilled Peas Milk Coffee or Hot Tea Grilled Cheese Sandwich Sugar Snap Peas French Fries - Ketchup	Meatball Sub Sandwich Seasoned Green Beans Potato Wedges - Ketchup Tropical Fruit Salad Milk Coffee or Hot Tea Breaded Chicken on a Bun - Mayonnaise - Lettuce & Tomato Zucchini Buttered Noodles	

Alternate meal options must be received by 10:00am for Lunch and 2:00pm for Dinner.

9/23

9/24

9/24

9/25

9/26

9/27

9/28

Regular	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Scrambled Eggs Oatmeal Cereal Blueberry Muffin - Margarine Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast French Toast Casserole - Margarine - Syrup Sausage Patty Oatmeal Cereal Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast Scrambled Eggs w/Cheese Oatmeal Cereal Biscuit - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast Egg & Hashbrown Bake Oatmeal Cereal Toast - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast Buttermilk Pancakes - Margarine - Syrup Bacon Oatmeal Cereal Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast Scrambled Eggs Oatmeal Cereal Sreusel Coffee Cake - Margarine Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Breakfast Baked Cheese Omelet Breakfast Ham Oatmeal Cereal Toast - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice
Lunch Fried Chicken Country Vegetable Blend Ranch Style Potato Wedges Cornbread - Margarine Peach Pie w/Crumb Topping Coffee or Hot Tea Herb & Lemon Tilapia Fillet Green Peas Buttered Noodles	Lunch Cheesy Ham & Macaroni Casserole Sautéed Spinach w/Garlic Dinner Roll/Bread - Margarine Pineapple Tidbits Coffee or Hot Tea Baked Chicken Breast Sliced Carrots Mashed Potatoes	Lunch BBQ Cheeseburger on a Bun - Lettuce & Tomato - Pickle Spear Confeftl Coleslaw French Fries - Ketchup Oatmeal Raisin Cookie Coffee or Hot Tea Tuna Salad Sandwich - Lettuce & Tomato Broccoli Salad Garden Pasta Salad	Lunch Encrusted Pork Loin Braised Cabbage Whipped Sweet Potatoes Dinner Roll/Bread - Margarine Mandarin Oranges Coffee or Hot Tea Hamburger Steak w/Grilled Onions - Brown Gravy Green Beans Buttered Noodles	Lunch Chicken Soft Taco w/Flour Tortilla - Shredded Lettuce & Diced Tomato Topping - Shredded Cheddar Cheese (tbl) Mexican Corn (veg) Cilantro Rice Seedless Watermelon Cubes Coffee or Hot Tea Garlic Baked Pork Chop Sugar Snap Peas Oven Roasted Potatoes Dinner Roll/Bread - Margarine	Lunch Lemon Pepper Tilapia Fillet Roasted Green Beans Rice Pilaf Dinner Roll/Bread - Margarine Cinnamon Brown Sugar Biondie Coffee or Hot Tea Chicken Tenders - Honey Mustard Seasoned Spinach Mashed Potatoes	Lunch Classic Baked Ziti Tossed Salad w/Dressing Garlic Bread Lemon Glazed Angel Food Cake Coffee or Hot Tea Smothered Turkey Patty Green Peas Mashed Potatoes
Dinner Beef Stir Fry w/Vegetables Steamed Rice Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Milk Coffee or Hot Tea Cheese Ravioli w/Marinara Sauce Tossed Salad w/Dressing	Dinner Egg Salad Sandwich on Croissant - Lettuce & Tomato Marinated Tomato & Onion Salad Potato Chips Hearty Vegetable Soup - Salina Crackers Chocolate Cake w/Peanut Butter Frosting Milk Coffee or Hot Tea Turkey Sandwich - Lettuce & Tomato - Mayonnaise Marinated Mixed Vegetable Salad Macaroni Salad	Dinner Chicken Parmesan w/Spaghetti Noodles Roasted Zucchini Garlic Bread Fruit Cocktail Milk Coffee or Hot Tea Parsley Pork Chop Sugar Snap Peas Mashed Potatoes	Dinner Breaded Fish on a Bun - Tartar Sauce Peas & Carrots Tater Tots - Ketchup Chocolate Ice Cream Milk Coffee or Hot Tea Marinated Chicken Thigh Seasoned Spinach Herbed Rice Dinner Roll/Bread - Margarine	Dinner Salisbury Steak - Brown Gravy Squash Medley Au Gratin Potatoes Dinner Roll/Bread - Margarine Butterscotch Pudding Parfait Milk Coffee or Hot Tea Cheese Quiche Country Vegetable Blend	Dinner Grilled Turkey & Cheese Sandwich Broccoli Florets Potato Wedges - Ketchup Tropical Fruit Salad Milk Coffee or Hot Tea Meatballs w/Gravy Steamed Asparagus Cuts Herbed Noodles Dinner Roll/Bread - Margarine	Dinner Rotisserie Chicken Thigh Sliced Glazed Carrots Oven Browned Potatoes Dinner Roll/Bread - Margarine Chilled Peaches Milk Coffee or Hot Tea Cheese Quesadilla - Sour Cream Whole Kernel Corn (veg) Steamed Rice

Alternate meal options must be received by 10:00am for Lunch and 2:00pm for Dinner.

9/29 9/30 10/1 10/2 10/3 10/4 10/5

Regular	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast - Margarine - Syrup Bacon Oatmeal Cereal Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Scrambled Eggs Oatmeal Cereal Glazed Cinnamon Roll Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Blisclit - Sausage Gravy Oatmeal Cereal Hashbrown Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Egg & Hashbrown Bake Oatmeal Cereal English Muffin - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Baked Cheese Omelet Oatmeal Cereal Toast - Jelly - Margarine Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Buttermilk Pancakes w/Strawberry Topping - Margarine - Syrup Breakfast Ham Oatmeal Cereal Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	Western Scrambled Eggs Oatmeal Cereal Toast - Jelly - Margarine Milk Coffee or Hot Tea Orange Juice Cold Cereal of Choice	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried Steak w/Cream Gravy Seasoned Spinach Herbed Mashed Potatoes Cornbread - Margarine S'more Pudding Parfait Coffee or Hot Tea Marinated Chicken Thigh Green Peas Buttered Rice	Dijon Pork Loin Braised Cabbage Fried Potatoes & Onions Dinner Roll/Bread - Margarine Peanut Butter Cookie Coffee or Hot Tea Salisbury Steak - Brown Gravy Sliced Carrots Egg Noodles	Tuna Melt Sandwich Buttered Green Peas Tater Tots - Ketchup Deluxe Fruit Salad Coffee or Hot Tea Honey Dijon Chicken Breast Green Beans Parsley Rice Dinner Roll/Bread - Margarine	Chicken Piccata Sautéed Asparagus Cuts Rice Pilaf Dinner Roll/Bread - Margarine Double Chocolate Brownie Coffee or Hot Tea Cornflake Crusted Tilapia Fillet Sugar Snap Peas Oven Browned Potatoes	Thin Crust Cheese Pizza Parmesan Baked Zucchini Dinner Roll/Bread - Margarine Fruit Cocktail Coffee or Hot Tea Hamburger Steak w/Grilled Onions - Brown Gravy Green Peas Buttered Noodles	Shrimp Alfredo w/ Spaghetti Noodles Roasted Green Beans Garlic Bread Peach Shortcake Coffee or Hot Tea Chicken Tenders - Honey Mustard Steamed Asparagus Cuts Buttered Rice	Philly Cheesesteak Sandwich - Sautéed Peppers & Onions. Tossed Salad w/Dressing French Fries - Ketchup Vanilla Ice Cream Coffee or Hot Tea Glazed Baked Pork Chop Whole Kernel Corn (veg) Seasoned Rice Dinner Roll/Bread - Margarine	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Hot Dog on a Bun - Baked Beans - Mustard Calico Cofeslaw Apple Crisp Milk Coffee or Hot Tea Breaded Fish on a Bun - Tarter Sauce Broccoli Florets Potato Wedges - Ketchup	BBQ Pulled Chicken Sandwich Creamy Cucumber & Onion Salad Macaroni & Cheese Seedless Watermelon Cubes Milk Coffee or Hot Tea Cheese Quesadilla - Lettuce & Tomato - Sour Cream Mexican Corn (veg) Steamed Rice	Meatsauce w/ - Spaghetti Noodles Caesar Salad Garlic Bread Orange Sherbet Milk Coffee or Hot Tea Turkey Burger on a Bun - Lettuce & Tomato - Pickle Spear - Mayonnaise Squash Medley Parsley Noodles	Italian Sausage Broccoli Florets Garlic Roasted Red Skin Potatoes Dinner Roll/Bread - Margarine Chilled Peas Milk Coffee or Hot Tea Cheese Quiche Sautéed Spinach w/Garlic	Herbed Turkey - Poultry Gravy Honey Roasted Carrots Mashed Potatoes Parsley Dinner Roll - Margarine Black Forest Cake Milk Coffee or Hot Tea Garlic Baked Pork Chop Whole Kernel Corn (veg) Rice Pilaf	Grilled Cheese Sandwich Capri Vegetable Blend Potato Wedges - Ketchup Tomato Soup - Saline Crackers Mandarin Oranges Milk Coffee or Hot Tea Smothered Turkey Patty Broccoli Florets Parsley Noodles Dinner Roll/Bread - Margarine	Rancher's Chicken Breast Sugar Snap Peas Oven Browned Potatoes Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Milk Coffee or Hot Tea Cheese Ravioli w/Marinara Sauce Green Beans	

Always Available

Spring/Summer 2024

1. PEANUT BUTTER AND JELLY
SANDWICH

2. GRILLED CHEESE SANDWICH

3. COTTAGE CHEESE AND FRUIT
PLATE

Always available are made to order and may take several minutes to make.

Adjustments are made based on diet order and texture modification requirements.

Orders should be placed by 10:00 AM for LUNCH and 2:00 PM for DINNER.