

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2023

## Program Location Key

M:Maplewood Dayroom

O:Oakwood Dayroom \*:Main Dining Room

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| <p>MORNING PROGRAM TIMES<br/>10:00-11:00 (O) 11:00-12:00(M) <b>3</b></p> <p>Daily Chronicle<br/>Exercise W/ Flags<br/>American Flag History<br/>American Flag Mining Puzzle</p> <p>AFTERNOON PROGRAM TIMES<br/>1:30-2:30 (M) 2:45-3:45 (O)</p> <p>Afternoon Tea Party<br/>Words That Begin W/ "Tea"<br/>"Tea For Two" Singalong<br/>Tea Party Detective<br/>"Pen" Play Puzzle</p>  | <p>10:00 Daily Chronicle <b>4</b><br/>10:15 Patriotic Pom Pom Cardio<br/>10:30 Creative Chefs: Red, White &amp; Blue Parfaits<br/>11:00 Hard At Work Crossword<br/>11:30 Labor Day Alphabet Code<br/>11:45 "Trick Of The Trade" Rhyming<br/>2:15 Bingo*(O)<br/>2:30 Movie: "Creed"<br/>3:30 Job Search &amp; Solve<br/>4:00 Puzzle Packets &amp; Music<br/>5:45 Trivia &amp; Tea(M)6:00(M)<br/>Labor Day</p> | <p>10:00 Daily Chronicle <b>5</b><br/>10:15 Tabata Tuesday<br/>10:30 Arts &amp; Crafts: Friendship Quilt<br/>11:15 Back To School Reminiscing<br/>11:30 Mixed Up School Cafeteria Puzzle<br/>2:15 Afternoon Dance Party<br/>2:45 You-Tube "Top 10 Hardest Dances"<br/>3:15 Mind Stretchers<br/>3:30 A-Mazing Dogs Training Puzzle<br/>4:00 Nail Gala 4:45 Variety Cart<br/>5:30 Bingo(M) 6:00(O)</p>                       | <p>10:00 Daily Chronicle <b>6</b><br/>10:30 Catholic Mass*<br/>10:45 Workout Wednesday(O)<br/>11:15 Dot Doodles &amp; Sign By The X<br/>11:45 Music Choice<br/>2:15 Cornhole Tournament<br/>3:00 Coffee Ice Cream Day Social<br/>3:30 What Is Your Ice Cream Identity?<br/>4:00 Harvest Season Crossword</p>  | <p>10:00 Daily Chronicle <b>7</b><br/>10:15 "I Will Survive" Workout<br/>10:30 Biography: Gloria Gaynor<br/>11:00 Disco Fashion Discussion W/ Vintage Dancewear Photos<br/>11:30 Fashion Logos<br/>2:15 Ring Toss Competition<br/>2:45 Back In Fashion Crossword<br/>3:15 Whole Brain Health's 1970's Fitness Trivia<br/>3:45 Card Games<br/>4:00 Sports Club*<br/>5:30 Variety Cart 6:00 Movie: "Enough"</p>  | <p>MORNING PROGRAM TIMES <b>1</b><br/>10:00-11:00(O) 11:00-12:00(M)<br/>Daily Chronicle<br/>Stretch Into September<br/>September Gazette<br/>The History Of Inventions<br/>Inventions Word Search</p> <p>AFTERNOON PROGRAM TIMES<br/>1:30-2:30(M)2:45-3:45(O)<br/>Time To Stretch<br/>T.G.I.F Social W/ Trivia<br/>Card Games<br/>Music Appreciation</p>                          | <p>MORNING PROGRAM TIMES <b>2</b><br/>10:00-11:00 (O) 11:00-12:00(M)<br/>Daily Chronicle<br/>Blue Suede Shoes Stretch<br/>Rock 'N' Roll Hall Of Fame Crossword<br/>What Am I?</p> <p>AFTERNOON PROGRAM TIMES<br/>1:30-2:30 (M) 2:45-3:45 (O)<br/>Afternoon Dance Party<br/>What Would You Do W/ A Million Dollars?<br/>U.S. Money Facts<br/>Secret Money Quote Puzzle</p>  |
| <p>MORNING PROGRAM TIMES <b>10</b><br/>10:00-11:00 (O) 11:00-12:00(M)<br/>Daily Chronicle<br/>Sweatin To The Oldies<br/>Biography: Roger Maris/Trivia<br/>Word Searches &amp; Music</p> <p>AFTERNOON PROGRAM TIMES<br/>1:30-2:30 (M) 2:45-3:45 (O)<br/>Grandparents Day Social<br/>Happy Grandparents Day Crossword<br/>Grandparents Day Mining<br/>Secret Quote Puzzle<br/>Word Searches &amp; Puzzles Hand Out</p>                             | <p>10:00 Daily Chronicle <b>11</b><br/>10:15 Exercise W/ Flags<br/>10:30 Creative Chefs: No Bake Surprise<br/>11:00 9/11 Remembrance Program<br/>11:30 Short Story: Lucky Day<br/>11:45 Music Choice<br/>2:15 Bingo*(O)<br/>2:30 Movie: Beethoven<br/>3:30 Waffle Maker Detective Puzzle<br/>4:00 Table Games &amp; Music<br/>5:45 Trivia &amp; Tea(M)6:15(O)</p>  | <p>10:00 Daily Chronicle <b>12</b><br/>10:15 Body Flow W/ Streamers<br/>10:30 Arts &amp; Crafts/Watercolor Group<br/>11:15 Running A Marathon Word Fit<br/>11:30 Classic Television Word Search<br/>2:15 Food Committee*<br/>2:30 Resident Council<br/>3:15 Chocolate Ice Cream Social<br/>3:45 Milkshake Word Mining<br/>4:00 Nail Gala<br/>4:45 Variety Cart<br/>5:30 Bingo(M) 6:00(O)</p>                               | <p>10:00 Daily Chronicle <b>13</b><br/>10:15 "New York, New York" Work Out<br/>10:45 Biography: Milton Hershey W/ Hershey Kisses Tasting<br/>11:15 Wordle Hurdle<br/>11:30 Opposite Search Cranium Puzzle<br/>11:45 Hershey's Word Search<br/>2:30 Afternoon Dance Party W/ Live Entertainers The Two Tones*<br/>4:00 Matching Airplanes Puzzle</p>   | <p>10:00 Daily Chronicle <b>14</b><br/>10:15 Hymns Of Praise*<br/>10:30 Rose Of Sharon Service*<br/>10:30 Hymns Singalong(O)<br/>11:00 Deep Breathing &amp; Relaxation(O)<br/>11:15 Lighthouse Crossword Puzzle<br/>11:45 Music Choice<br/>2:15 "Star Spangled Banner" Stretch<br/>2:30 T.V. Show Bingo<br/>3:15 The History Of Fortune Cookies W/ Fortune Cookie Tasting<br/>3:45 Cool Cat Crossword 4:00 Sports Club* 5:30 Variety Cart 6:00 Movie</p> | <p>10:00 Daily Chronicle <b>15</b><br/>10:15 Friday Fitness<br/>10:30 New England Road Trip Detective<br/>11:00 Rosh Hashanah Discussion/True Or False?<br/>11:30 Pomegranate Word Mining<br/>11:45 Rosh Hashanah Word Quilt/Crossword Puzzle<br/>2:15 Apple Pie Social<br/>3:00 Tool Riddle Jumbo<br/>3:30 Working W/ Tools Word Search<br/>Rosh Hashanah Begins</p>             | <p>MORNING PROGRAM TIMES <b>16</b><br/>10:00-11:00 (O) 11:00-12:00(M)<br/>Daily Chronicle<br/>Moving To Music<br/>Malarky Game<br/>Tall Tales Puzzle</p> <p>AFTERNOON PROGRAM TIMES<br/>1:30-2:30 (M) 2:45-3:45 (O)<br/>Moving W/ Maracas<br/>Mexican Independence Day Celebration W/ Nachos<br/>Famous Hispanic American Word Match/Matching Maracas Beautiful</p>  |
| <p>MORNING PROGRAM TIMES <b>17</b><br/>10:00-11:00 (O) 11:00-12:00(M)<br/>Daily Chronicle<br/>Irish Jigs Exercise<br/>½ Way To St. Patty's Day Song Break<br/>Constitution Day Discussion &amp; Trivia<br/>Breakfast On The Run Word Search</p> <p>AFTERNOON PROGRAM TIMES<br/>1:30-2:30 (M) 2:45-3:45 (O)<br/>"Hey Good Lookin" Dance Party<br/>Poetry Appreciation Poetry Readings<br/>Country Music Match<br/>A Little Bit Country Puzzle</p> | <p>10:00 Daily Chronicle <b>18</b><br/>10:15 "I Got You Babe" Exercise<br/>10:30 Creative Chefs: Pumpkin Pie<br/>11:15 Traveling By Train Crossword Puzzle<br/>11:45 Train Categories Puzzle<br/>2:15 Bingo*(O)<br/>2:30 Movie: Safe Haven<br/>3:30 Secret Education Quote<br/>4:00 Table Games &amp; Music<br/>5:45 Trivia &amp; Tea(M)6:15(O)</p>  | <p>10:00 Daily Chronicle <b>19</b><br/>10:15 Total Body Stretch<br/>10:30 Arts &amp; Crafts/Watercolor Group<br/>11:15 Pirate Booty Tasting W/ Pirate Words &amp; Phrases Matching<br/>11:45 Matching Treasure Chest<br/>2:15 Horse Shoe Tournament<br/>3:00 Pumpkin Pie Social<br/>3:30 Going To The Dr. Missing Vowel<br/>4:00 Nail Gala<br/>4:45 Variety Cart<br/>5:30 Bingo(M) 6:00(O)</p>                             | <p>10:00 Daily Chronicle <b>20</b><br/>10:15 "Eye Of The Tiger" Boxing Cardio<br/>10:30 "Sugar Sugar" Singalong W/ A Sweet Surprise<br/>11:00 Sugar Categories Puzzle<br/>11:30 Something Sweet For Every Letter<br/>11:45 Cute Little Koala Puzzle &amp; A-Mazing Tiger Maze<br/>2:15 Ring Toss Competition<br/>3:00 Track &amp; Field Crossword<br/>3:30 Mixed Up Tennis Puzzle<br/>4:00 Sports Word Search</p> | <p>10:00 Daily Chronicle <b>21</b><br/>10:15 Hymns Of Praise*<br/>10:30 Wesley Methodist Service*<br/>10:30 Hymns Singalong(O)<br/>11:00 Upper Body Stretch(O)<br/>11:15 Video: Adorable Cats Making Biscuits(O)<br/>11:45 Perry Mason Word Search<br/>2:15 This Is JEPOARDY<br/>3:00 Snack &amp; Snicker 3:15 Ask Alexa<br/>3:30 Rack 'Em Up Word Fit<br/>4:00 Sports Club*5:30 Variety Cart<br/>6:00 Movie: Viewer's Choice</p>                        | <p>10:00 Daily Chronicle <b>22</b><br/>10:15 Mindful Movement<br/>10:30 Funny Sayings<br/>10:45 Coupon War Game<br/>11:00 All About Elephants Crossword<br/>11:15 A-Mazing Coupons<br/>11:30 Music Appreciation<br/>11:45 September Birthday Poem<br/>2:30 Monthly Birthday Party W/ Elenor &amp; Maestro*<br/>3:45 Famous September Birthdays<br/>Word Search</p>                | <p>MORNING PROGRAM TIMES <b>23</b><br/>10:00-11:00 (O) 11:00-12:00(M)<br/>Daily Chronicle<br/>"Hit The Road Jack" Exercise<br/>Biography: Father Of Soul Ray Charles<br/>A Fishy Spelling Bee<br/>A-Mazing Deer Puzzle</p> <p>AFTERNOON PROGRAM TIMES<br/>1:30-2:30 (M) 2:45-3:45 (O)<br/>Welcome Autumn Social W/ Poems<br/>The History Of Astrology &amp; The Zodiac<br/>September Zodiac Puzzle<br/>Autumn Begins</p> |
| <p>MORNING PROGRAM TIMES <b>24</b><br/>10:00-11:00 (O) 11:00-12:00(M)<br/>Daily Chronicle/10 Commandments<br/>Morning Stretch / Mining<br/>Poetry &amp; Coffee Cake For Yom Kippur<br/>Yom Kippur True Or False?<br/>Apples &amp; Honey Mining</p> <p>AFTERNOON PROGRAM TIMES<br/>1:30-2:30(M)2:45-3:45(O)<br/>Total Body Stretch<br/>Wordwall Interactive Game<br/>Eats,Shoots &amp; Leaves Reading<br/>Yom Kippur Begins</p>                   | <p>10:00 Daily Chronicle <b>25</b><br/>10:15 Sweatin To The 60's<br/>10:30 Creative Chefs: Trail Mix<br/>11:00 Biography: Phil "Scooter" Rizzuto<br/>11:30 Baseball Trivia/Baseball Detective Puzzle<br/>11:45 Finding Yom Kippur Word Search<br/>2:15 Bingo*(O)<br/>2:30 Movie: "San Andres"<br/>3:30 Yom Kippur Word Fit<br/>4:00 Table Games &amp; Music<br/>5:45 Trivia &amp; Tea(M)6:15(O)</p>          | <p>10:00 Daily Chronicle <b>26</b><br/>10:15 "I Got Rhythm" Exercise<br/>10:30 Arts &amp; Crafts/Watercolor Group<br/>11:15 Hollywood Couples Match<br/>11:30 Article Review "Tech For Seniors"<br/>2:15 "Don't Sit Under The Apple Tree" Singalong<br/>2:30 Happy Birthday Johnny Apple Seed W/ Apple Pie<br/>3:15 Apple Grapple Game<br/>4:00 Nail Gala/Apple Search<br/>4:45 Variety Cart<br/>5:30 Bingo(M) 6:00(O)</p> | <p>10:00 Daily Chronicle <b>27</b><br/>10:15 Body Flow W/ Scarves<br/>10:30 History Of Scarves<br/>11:00 Black Sox Scandal Discussion<br/>11:15 Wordle Hurdle<br/>11:30 Mind &amp; Body Connection Time<br/>2:15 Total Body Stretch<br/>2:30 Chocolate Milk Day Social W/ Random Trivia<br/>3:15 Matching Uncle Sam Puzzle<br/>3:30 Cranium Crunches<br/>4:00 Table Games &amp; Puzzles</p>                       | <p>10:00 Daily Chronicle <b>28</b><br/>10:15 Heavenly Hymns*<br/>10:30 Rose Of Sharon*<br/>10:30 Hymns Singalong(O)<br/>11:00 Moving To Music(O)<br/>11:30 You-Tube Video Requests (O)<br/>2:15 Toss &amp; Score Game<br/>2:45 Football Trivia<br/>3:15 Football Fever Mining Puzzle<br/>3:45 Quarterback Sack Puzzle<br/>4:00 Football Word Search<br/>5:30 Variety Cart<br/>6:00 Movie: "Iris"<br/>Sukkot Begins</p>                                   | <p>10:00 Daily Chronicle <b>29</b><br/>10:15 Fab, Fit And Fun<br/>10:30 Drama Club: The Ima Lyon Show<br/>11:00 Finish The Lyrics<br/>11:15 Scattergories Game<br/>11:30 Picture A Word<br/>11:45 Darts And Puzzles<br/>2:15 "Fly Me To The Moon" Exercise<br/>2:30 Moon Pie Social<br/>2:45 Harvest Moon Mining<br/>3:00 Sukkot Puzzle Packet<br/>3:30 Table Games And Music</p> | <p>MORNING PROGRAM TIMES <b>30</b><br/>10:00-11:00 (O) 11:00-12:00(M)<br/>Daily Chronicle<br/>Saturday Stretch<br/>Name 10 Game<br/>Puzzles To Go</p> <p>AFTERNOON PROGRAM TIMES<br/>1:30-2:30 (M) 2:45-3:45 (O)<br/>Express Bingo For Gum<br/>Biography: William Wrigley Jr.<br/>How Is Gum Made?<br/>Gum Wall In Seattle Discussion<br/>Chewing Gum Brands Word Search</p>   |